

## TURBULENCE AND TURMOIL: A CASE OF SELF-TRANSCENDENCE AND MEANING SEEKING IN THE NOVEL FOR WHOM THE BELL TOLLS BY EARNEST HEMINGWAY

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### ABSTRACT:

Hemingway the prominent literary figure of English novel is well known by his code heroes. Through code heroes and their turbulence, Hemingway had presented his thoughts and the culture of the times in his writing. The treatment of the characters could be possible through the elements Frankl's Logotherapy as the love and hope are prescribed by him in his book *Man's search for Meaning*. Hemingway's characters are being presented by him in the diverse social and socio-political atmosphere where the common people are not given prestige in giving choice of living life and they are dealt as the flies whom the super class and military authoritative utilize for their own purposes. The creating of such atmosphere give birth to the new thinking of meaning seeking in characters and the characters after manipulation of the situation, comes towards the truth of the life where they were standing alone. The study is qualitative in its nature and prescriptive in method in which Hemingway's novel *For Whom the Bell Tolls* is analyzed under the elements of Frankl's Logotherapy that how the characters move towards the meanings of the life after bearing the brutality of the war. The results of the study describe that Frankl's Logotherapy can present the best mental treatment of the characters who are victims of the brutality of the war but if it can only be applicable and can be understood when there is end of the crucial stages of the war. It can also be concluded through the study that when the crucial stage of brutality of the situation continues, the character comes towards the stage of self-transcendence because at that time they love to die rather live even they have got the meanings of the life.

**Key Term:** Meaning Seeking, Logotherapy, Self-Transcendence

### Introduction

Hemingway, and American novelist and short story writer, is noted for masculinity of his writing and for his adventurous and widely publicized life. Hemingway characters plainly embody his values and view of life. Through his unique style of presence of "Code Hero" Hemingway presented his feelings and experience of the life. *For Whom the Bell Tolls* is considered as the autobiography of Hemingway. In the novel the brutality of the Spanish Civil War has been described during the where the characters have to be involve in the war and later the state of mental disorder comes to true after the shocks and drawbacks of the war. The character of Jordan is inspired by the own experience of Spanish Civil War by Hemingway himself so portray and the psychological state of Jordan and other characters is described when the involvement in any work occurs and later it proves to be nothing than destruction and lifelessness. Telaumbanua, Yusuf and Djonaid described this novel as mental states of the characters who are surviving during the civil war but they only have to face the death.

Frankl's Logotherapy was presented in his book *Man's Search for Meaning* (1984) addresses the mental state and the treatment of the psychological affected people in a way that provides direction to survival. There come many random chances to be survival but when a person reaches to its climax and has experienced some work then he/she loses his selfness and comes to self-transcendence which is no care of oneself in any condition. Burkhardt (1994) says that self-transcendence can prove as the reason behind the enhancement of spirituality as the man show least concern about the existed material things and so-called realities of the life. Frankl (1984) says that the experience which is being experienced by someone is only the reality and the person who is being victim of anything tries to address the other people to avoid those things which cause victims.

Logotherapy is the psychological treatment in which a patient is assured that life has meanings in all circumstances. This treatment is being initiated after assuring the individuals that life has not come to end and there can be more opportunities after the shocks of the life. It is the driving and motivating force which make understood a striving man towards that life has meaning and it can have sought out (Frankl, 1984). Meaning seeking of the life is the process of coming to the realities of the life after creating a work, experiencing the situation and being victims of the situation. A person's meaning life are having the values of much significance only before him/herself (Frankl, 1984). Self-transcendence is an expansion of the self-boundaries about oneself (Frankel, 1979).

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Reed (1989) defined self-transcendence as the individual's expansion of the self-boundaries inwardly and outwardly even temporarily or permanently to take on the broader life perspective, the deeds and the aims or objectives of the life because when a person reaches to the state of self-transcendence then he/she comes to the meanings of the life. The current study is also conducted in this background of the novel *For Whom the Bell Tolls* which is being composed under Hemingway's experience of Spanish Civil War. Frankl's theory of Logotherapy proposed in his book *Man's Search for Meaning* where he has described the process of treatment for the mentally disorder patients who have no choice of living on the earth. Hemingway's *For Whom the Bell Tolls* is being studied under the proposed Frankl's Logotherapy of meaning seeking in the life during the difficult circumstances as he has told in his book that life has meaning in all ups and downs and man would considered his life precious and meaningful.

#### **Statement of the Problem:**

Hemingway has used the characters of story in his own way to show that recovery from any trauma depends on the factors which may be termed as self-esteem and a sense of belonging to a group and of well-being of it.

#### **Objectives of the Research:**

The current study is unique in its way of explore the study of the mental conditions of the characters in the novel *For Whom the Bell Tolls* which has depicted the crucial state of war that characters have no true directions in their lives.

The objectives of this research are;

- To trace the nature of Logo therapy in the novel *For Whom the Bell Tolls* that helps the characters to transcendence their personalities.
- To find out series of episodes of meaning seeking which cause transcendence of the characters of the novel.

#### **Research Questions:**

The study is conducted to explore the self-transcendence state of characters presented in Hemingway's fiction of writing *For Whom the Bell Tolls* which has the following research questions in it.

- I. What are the factors affecting the tendency of meaning seeking of the characters in the novel *For Whom the Bell Tolls*?
- II. How does the freedom of will lead to the self-transcendence and meaning seeking of the characters of the novel?

#### **Significance of the Research:**

The research is significant as it is expected to give an idea how one can seek meaning in one's life through freedom of will leading to self-transcendence.

#### **Delimitation:**

The study will be confined to text of the novel *For Whom the Bell Tolls* by Hemingway as the researcher is restricted to certain word-limit. Moreover, Frankl's Logotherapy technique presented in his book *Man's Search for Meanings*(1984) is studied in order to add supporting ideas in this research.

#### **Literature Review:**

Morgon (2012) conducted a research study on "*Geriatric Logotherapy, Exploring the Psychotherapeutics of memory Treating the Elderly*" in which he described that Frankl's Logotherapy is considered as the existential philosophy and is called an approach in itself. The researcher described in his study as the findings that Frankl's Logotherapy can be used as a great tool of reversal of the memory by which the nature of any person can be treated for the abrupt response and pleasure of the life. This therapy on the elderly people can be applied by assuring them the meaning of the life in all circumstances when the life has given the

shocks which effects the memories but the technique of Logotherapy can be used for the best results of the memory of elderly people.

Smith (2012) made a study on the *“Innovative Application of Logotherapy for the Military-Related PTSD”*. The study had objective to described the suitability of Frankl ‘s Logotherapy for the military purposes which is based on the war and fear in which the military people are told that there is hope to live and stay in the world. The study had also objective to propose the psychological treatment for the military people who come back from the ground of war. The study was qualitative in its nature which suggested that different techniques can be applied for the cure of psychological disorder people but as far as the returners of the war are concerned, they are suffered in Acute Anxiety Disorder (AAD) and Post Traumatic Stress Disorder (PTSD) which cannot be easily cured without assuring them the true meanings of the life. The results of the study suggest that Frankl ‘s Logotherapy can be best employed for the treatment of such victims of the wars as such people are suffering in utmost anxiety. The study also illustrated that such people can be treated by assuring them that life has meaning in all circumstances but they would also be suggested that in the life, the meanings would also be created to be cured from Acute Anxiety Disorder (AAD) and Post Traumatic Stress Disorder (PTSD) issues.

Scholts, Crous & Thomas (2015) made an exploratory study on *“A log-leadership Intervention, Implication for Leadership Development”*. The study was conducted on the students and volunteers who participated in the session. The results of the stud illustrate that the students and the people who were told about the great people who made their lives meaningful and the technique of Frankl ‘s Logotherapy that life has meaning in all circumstances and the life would be led as the meaning tool, made positive attitude towards future leadership development and orientation. Shahabi (2016) conducted a research study on *“The Effect of Logotherapy on Life Orientation of Cancer Patients”*. The study was quantitative in approach and experimental in its methodology. The objective of the study was to check the impact of Logotherapy on the cancer patients. The sample selected for the study was consisted on two groups out which 15 members as control and 15 as experimental group of the study. By applying Logotherapy as assuring them about the life, a questionnaire was used as a tool to check their attitude about life. After analysis of the data in SPSS 20, the results of the study described that the experimental group on whom the Logotherapy was applied had positive attitude towards life orientation as compare to the control group. The study also suggested that through applying Logotherapy and assuring the people that life has no end yet and have continuous meaning in all circumstances, the patients can be positive towards living the life even with the sever diseases. Asbaba & Marshall (2016) made a research study , on a topic *“The Use of Logotherapy in the Identification and Intervention Stages of Treatment with Persons with Substance Use Disorder”*. The study was experimental in the context of African culture where the people are massively suffered of mental disorder as because of their culture. The results of the study illustrated that as the cultural interventions causes mental disorder for the people of Africa so the cure of African people can be done through the use of Logotherapy proposed by Frankl through which the people of Africa can be assured that in the presence of substance used mental disorder, the life have meaning instead of this as well so the life would be dealt as the meaningful object.

Mammadov (2009) told about Hemingway’s life style and influence in his creative writing in his study. The study told that Hemingway described himself as hero who is victims of the social issues of that time. The ethics which have been developed in him since his childhood can be observed in his writing as he depicted himself in *For Whom the Bell Tolls* where his situation and feelings can be seen in his writing. Hemingway in his *The Sun Also Rises* tells about the love affairs of the people which are portrayed as *“The Lost Generation”* in the novel. The extreme interest in the love affairs in the novel depicts the life story of Hemingway as he had to face all these circumstances from his early youth age. He has to be fallen in love with many persons so the main streamline of the love affairs can be seen in *The Sun Also Rises*. His four marriages by love affairs are also the main cause of portray of the characters who liked to love with other. The most influence of his personal life can be seen in *The Old man and the Sea* where he has portrayed the life story of his father and the love and attraction toward the death can also be seen in his writings as the characters are willing to involve in the death rather than they wanted to live the life. His father attempted suicide so the same them and style can be observed in his writings as his heroes live at lifelessness stage where the love for living is abandon and the because of social and cultural dimensions, the death is waiting for them in his novels.

Shabnam (2012) conducted a study on *For Whom the Bell Tolls in Earnest Hemingway’s For Whom the Bell Tolls*. The purpose of the study was to find out the people which are being addressed in the novel *For Whom the Bell Tolls*. The researcher made this research after thoroughly studying the themes and concepts of Hemingway which he had presented in his novels for the sake of research. The depiction of the character, according to the researcher, is that person who is strived between two ways of life out of which one is melancholy life as Jordan wanted to spend with Maria and the second way is the involvement in the war. The researcher also concluded that the single man desired, who is on the bridge of feelings and the true war, to live lifelessly but here in the novel the hero who is the single man at first, he had desire to live with his beloved but

for the life of his beloved and fellows, he turned to embrace the death with high dignity. This dignity to embrace the way of death would prove as the surety of the life for his beloved and other fellows but the facing the death also provided the feelings of dignity as he was going to sacrifice his life for his own love. The researcher also told in his study that Hemingway portrayed all these feelings and circumstances addressing the “Single Man” who is asked to toll the bell in the crucial circumstances of the war as it may have proved as the dignified work for his subordinates. Velea (2012) made a comprehensive study on “*Representation of War in the Writings of Hemingway*” in which the researcher applied different theories to manipulate the reasons behind the presence of war in Hemingway’s writing. To conduct the study, the researcher employed psychological, social, gender, existentialism approaches and the theme lost generation. The researcher concluded that Hemingway include the phenomenon of the war in his writings because of facing different wars personally in his life. The researcher also described in his study that out of personal experience, the other reason to include the phenomenon of war in Hemingway’s writing was “The Literary Trends” of the time were very much popular among the writers.

### **Research Methodology:**

The current study is qualitative by its structure and nature as Gay (2012) has defined qualitative research method as the method in which the facts and figures are described in discussion form. This way of research also includes the textual representation of the problem of the specific study.

### **Theoretical Framework:**

The intended research will use the theoretical framework of an introduction to Logotherapy, *Man's Search for Meaning* by Viktor E. Frankl. Logotherapy is a sub theory of psychoanalyses. Viktor Frankl’s “Logotherapy” has been labeled a “healing through meaning”. Therapies is “curing” or “healing” and Frankl translates logos as “meaning” as well as “spirit”. Logotherapy aims to bring not just intuitive factors and the spiritual realities of the person to consciousness. It is a meaning-centered therapy that aims to achieve attitudinal modifications through organizing the subject’s “will to meaning”. Frankl posits a direct relationship between the meanings a person chooses to live by and the possibility of living meaningfully. Meaningfulness is not achieved by mere pursuing self-actualization or self-fulfillment rather by insisting on self-transcendence. Self-transcendence resembles with self-detachment. It signifies turning toward finding and fulfilling meaning within the world.

### **Frankl ‘s Logotherapy And Meaning Seeking in Life:**

Frankl has presented meaning seeking process in his book *Man ‘s Search for Meaning* (1984) in which he has described the elements and the stages of meaning seeking through which a victim and mentally disorder person is assured to live life by assuring him that life has not lost the meanings yet it has meanings in all circumstances. Frankl described that the meanings seeking as the natural and innate capability of every individual which functions as the driving force for individuals that how they can take relief in their lives. The process of meaning seeking is based on the three stages as Frankl has mentioned in his book out of those three stages, the first one is creation of the work, then the experience of the work and the last is the meanings of the life. Frankl described that the meanings which have been attained can only be best understood by the individuals and he wanted to deliver it to other as he has reached to the stage of self-transcendence in the life.

### **Technique of Data Analysis:**

Through qualitative analysis the analysis of textual data selected from the novel is being done through which the struggle of the life meaning seeking is tried to find in the study. While analyzing the text, it is concerned to elaborate the struggle and steps of meaning seeking in the novel especially of Robert Jordan as he is the central figure of the novel. The different steps of the analysis as mentioned in the study are manipulated which are being told in the meaning seeking model of Logotherapy.

## Analysis and Discussion:

### From Freedom of Will to Self-Transcendence and Series of episodes of Meaning Seeking

*“However, precisely such tension is an indispensable prerequisite of mental health. There is nothing in the world, I venture to say, that would so effectively help one to survive even the worst conditions as the knowledge that there is a meaning in one's life. There is much wisdom in the words of Nietzsche, ‘He who has a way to live for can bear almost anyhow.’ (p. 126)”*

Frankl describe the freedom of will and thought for the life living process but on the other hand, it is also mentioned that the life has nothing achievement in it. The psychological disorder takes place when a person has to be suffered in such a situation where he enters with the hope of reformation and findings of the truth of the life but after a lot of sufferings and issues, he/she realizes that the involvement in such situations and conditions may leads a man towards the isolation and the mental disorder. The personal freedom is being challenged and has to face the contradictive situations in when the man has no choice to be involved and lost the selfness and have to be suffering into the self-transcendence. The main element which is being carried in Frankl 's theory of therapy is to find out the meaning of the life and provide the sense of meanings to every character that life has meanings and sense in all circumstances but the same time when he/she experienced some task and have to lose the values which are present in the society and the turbulence and turmoil occurs and sufferings starts which leads a character to the loss of own values and man reaches to the state of self-transcendence. The conditions of the life cannot be remaining same instead varies from time to time and place to place so the mental turbulence can only be cured when the character would be made understood that the life has meanings still for you and everything has not been lost yet and the survival and the cure is possible. In meantime, Frankl also describe the loss of values and the values which are based on personal experience have to be followed in a way that the turbulence and turmoil state would be in controlled. If such states would not be in controlled then the character suffers of mental turbulence which ends up to the self-transcendence when a man completely neglects his inner and follow the values which have no meanings.

*“Here it is the shift from deadliness to normal family life that is the strangest. (P, 228).”*

The feelings of the Jordan can only be observed in the words as the character is feeling the turbulence and turmoil of the mind and the normal life cannot be felt by the characters and the characters himself/herself looks strangely at the normal life. The life when has lost the values and the values which are being set in the society, had to follow then the character feels the turbulence and the hope to live a normal life is being vanished. Similar things have been observed when Jordan is asked to live the normal life rather than the life of the war.

The series of actions which has been initiated from reporting to start a war and then fallen in love and then awareness from the meanings of the life and at this situation the character is not willing to live a such life when the has experienced the war. The addresses for living a life is given to live normal, without deception and the recognition of the values but the war as it provides only the victims so the feelings of the character which is being observed as to ignore the normal life. Observing the turbulence and turmoil of the mental state of the character, it is being seen that the characters which are being presented have lost the selfness and have moved towards the self-transcendence.

*“You learned the dry-mouthed, fear-purged purging ecstasy of battle and you fought that summer and that fall for all the poor in the world against all tyranny, for all the things you believed in and for the new world you had been educated into. (P, 236).”*

The series of actions which have been started from reporter to being guerilla and now that character is being addressed to take new lesson of war which is completely diverse form the normal life and it proves into the modifications of the theology. The values which are of normal life are being demolished and the values of bloodshed and brutality are asked to adopt in way that is new knowledge for the person. The reporter which are limited to only the documentation and the record, now have to be involve in the war. The initial stage of turbulence is being recorded and the character is in the state of the loss of own values.

*“That isn't much of a wedding present. But is not a good night's sleep supposed to be priceless? You had a good night's sleep. See if you can wear that like a ring on your finger. (P, 371).”*

The action of hope and wish of good future even when the characters are involved in the war and the war which have put bad effects on the character is continue. The turbulence and the turmoil of the mental state

of the characters can be observed as involving in the war cannot be proved as the good future. The useless hope and the experience of the war lead to the characters in meaning seeking which will surely proves as the self-transcendence as the Jordan and Maria themselves feel it.

*“In the night he awoke and held her tight as though she was all of life and it was being taken away from him. (P, 264).”*

The feelings of love may be the limitations for the action but the experience of love lead to perform all those actions which are only helpful to save and make the life of beloved happy. In this concern, the demolishing of the bridge may cause of to save the whole camp safety. Jordan 's turbulence and the meaning seeking has been come about the final stage when he is being lover of Maria, needed to involve in the war more intentionally when he had come to know about the realities of the life which has been faced by her. The war takes a person from his/her loving and attached things, similar phenomenon has been observed when Jordan has to leave for mission and Maria is sleeping in the camp. Jordan is assuring to be fall in the more risk as the chances of the death has been increased because of the theft of the instruments. The firmly taking hand and expectation of no-return is making the character of Jordan more in the state of the turbulence and turmoil so his feelings are same as Maria is being snatched by him.

*“[El Sordo] was not at all afraid of dying but he was angry at being on this hill which was only utilizable as a place to die... Dying was nothing and he had no picture of it or fear of it in his mind. (P, 312).”*

Frankl's search for meaning has come to the truth as the characters are feeling the state of self-transcendence at the end of the actions. Meanwhile the characters which are being asked to be hopeful about the future and the good future is waiting for them even in the situation of the war but the reality at the end is being showed that the characters would love to the death and ready for it. The turbulence and turmoil of the characters are now at the peak and they are feeling self-transcendence and they are being asked to meet the death happily. The meaning seeking of the characters have come to true that “war nothing gives except destruction”. This destruction is of the values, hope, mental states and physical turmoil where a character is not interested in himself and feeling selflessness. Such feelings can be seen as Jordan leaves for mission without complete equipment and he has to leave now the hope, values and his own love also.

### Factors Affecting the Meaning Tendency of Meaning Seeking:

Hemingway portrays the characters as his own autobiography and the experiences which he has gained in the field of war and being reporter, shows in his novels in way that the characters feel troubles and are in the state of turbulence while playing the role. Meaning seeking is the main intentions of the characters as the characters at the early first-time cause of the turbulence and later come up to the true meanings of their state. The attitude and the intentions which are shown at the early first stage of the normal life are the life of busy and intention in the life. The actions which are going to be displayed are based on the values which are present in the society but later the mental turbulence is aroused and the characters reached to highest peaks of self-transcendence because the characters come to the meanings of the life. The meaning seeking process is affected due to the factors which are present in the society.

*“One cup of it took the place of the evening papers, of all the old evenings in cafés, of all chestnut trees that would be in bloom now in this month, of the great slow horses of the outer boulevards, of book shops, of kiosques, and of galleries, of the Parc Montsouris, of the Stade Buffalo, and of the Butte Chaumont, of the Guarangy Trust Company and the Ile de la Cité, of Foyot's old hotel, and of being able to read and relax in the evening; of all things he had enjoyed and forgotten and that came back to him when he tasted that opaque, bitter, tongue-numbing, brain-warming, stomach-warming, idea-changing liquid alchemy. (P, 51).”*

Frankl 's therapy is based on the hope and values which a person or the society possess. The normal life of the character is being observed in the lines as Hemingway portray the character of Jordan as is the symbolic representation of Hemingway character so the life of before war is being shown and this life style is affecting the mental state of the characters. The characters which have been enjoying the life the comforts, see that the life which is before war is quite different after war. The factors of linear and settled life are a main factor which cannot allow the characters to be involved in the war. Therefore, the main factor is the life style which was quite different from the life of the war. Jordan feels the contradiction of the life as being reporter but later being involve in the love of Maria and start involving in the war. The previous life conditions are not being

acceptable for the war. The linear life is based on the values and attributes which are only acceptable for the normal society but the war is full of deception and politics so the values of normal life cannot be utilized and acceptable for the war life.

*"Thy mother,' Agustín replied.  
Thou never had one,' Pilar told him, the insults having reached the ultimate formalism in Spanish in which the acts are never stated but only implied. (P, 93)."*

The lines itself describe the element of "respect and honour" to be secured by making a war with the Fascists and it will be prove as the dignity of the people as they will gain the respect of themselves and will be honoured in the society. The psychological impact of patriotism and honour of the society is being used to prepare the characters for the war. These factors as mainly used by the empowered people to prepare the people for war.

*"To make war all you need is intelligence. But to win you need talent and material. (P,95)."*

Frankl describe in his therapy, the "hope" as the basic element of creating a work. The choice of the work is not the personal instead it is based on the present values. Hemingway in the novel describe the "winning of the war" as the new experience and talent of the characters which might be proved as the in the big sources and materials for the luxuries of the life. The characters are to be assured as the winning of war will prove as the best future for their children in case of having much material and worldly sources.

*"Maria can tell them about how some of the blue-shirted crusaders for the true faith sat on her head while others twisted her arms and pulled her skirts up and stuffed them in her mouth. (P,165)."*

Jordan falls in love with Maria so love is also being described as the tool of involving in the war. War is full of destruction and victims so the factor of love is also the cause of mental disorder and it insist to involve in any condition for the sake of beloved. The representation of the wounds of the female members of the society is the factor to be prey of turbulence of the mind and the meaning seeking process is also affected through this factor.

*"Was there ever a people whose leaders were as truly their enemies as this one? (P,163)."*

Jordan 's feelings is totally neglected as a person without necessary equipment is asked to demolish the bridge and the same time, he feeling love for her beloved. It compels a person to think that the war is implemented by the leaders of the society so the leader is being compared as the enemy. In other words, it can be seen that the follow of orders may lead away from the realities of the life and the feelings of the characters are totally ignored by the leaders of the Spanish Civil War.

*"If he were not of great ability he would have died last night. It seems to me you do not understand politics, Inglés, nor guerilla warfare. In politics and this other the first thing is to continue to exist. Look how he continued to exist last night. (P,284)."*

Hemingway in his novel describes the politics as the factor of letting away the character from the truth and the realities of life. If the people of the society come to close the realities of the life then the political discourse adopted by the leaders may take away from the meaning seeking of the life. The characters are fully prey of mental turbulence and turmoil and cannot reach to the hidden truth of the life which only takes them to the self-transcendence. In similar way the politics of the war and the discourse of political people during the crucial time of war involve all the members of the society to be ready for war instead of values adopting and the personal attitude so that the people of the society may run around the limited circle of the politicians and the leaders of the war.

## Conclusion:

*For whom the Bell Tolls* in which the depiction of the turbulence of the characters and the society is being presented who have to survive against the fascist and they were called as the republicans. Spanish Civil War whose shocks and aftershocks are being presented in which the characters have to move forward for the own survival. The depiction of the war is presented in a way that the social norms and the will of freedom of passing life are being snatched by making the people victims of the war. The characters are surviving in the war from the attacks of Fascist but the command system of the war have different viewpoints that the public. Logotherapy as help to understand the meanings of the life and provides the people the sense of living in the world after the involvement and being affected of the situations. In the novel *For Whom the Bell Tolls* in which at the start the characters have to involve in the war as the legitimating of the ideology that after the war, there

will be peace in the society illustrate the first stage of meaning seeking as the first stage of the meaning seeking as described in Frankl 's book *Man 's search for Meaning*, is the creation of the work or involvement in the work. The characters have to be involved in the war as the whole society has to be involved in the war as well. Some volunteers as Jordan is being presented involve in the war to secure the country from the shock of Fascist. The purpose behind involvement in the war is to secure the country from the brutality of fascist but later the characters have to be realized that the provided direction is not true and acceptable form them. The victims of the war Maria who was to be raped and his parents were assassinated by fascist in the Civil War. The incident of rape and killing of parents snatched the choice of living of Maria who was brought to the camp of Republicans where she was given the hope of life.

The intensions toward good future are highly presented in the public but the people whom are persuaded for the war, are told that the after war, there is bright future waiting for them. Frankl 's Logotherapy helps to understand the meanings of life in all conditions even when the researches has been done that Frankl 'Logotherapy can be used in man institutes of life including patients and military purposes when there come depressed situations but as far as meaning seeking in *For Whom the Bell Tolls* is concerned, the characters are told in about the bright future but that was surely abandon in the novel. Jordan comes to the meanings of life when he falls in love with Maria but at the same time the turbulence arouses when for the security and safety of his beloved and other people, he had to be the integral part of the war. Self-transcendence arouses in the turbulence situation when the meanings of the life are being accepted and acknowledged by Jordan at the time of fallen in love with Maria. It was the early stage of the meaning where the other phase of the meanings was quite opposite with the characters realizes that they were being forced to be the part of the war for the own political purposes rather than the betterment of the people. Jordan 's belief aroused when he comes to reality that the war was imposed and involvement in the war will cause more destruction for him but now he had been fallen in the love of Maria so he had to leave for the explosion even he was wounded at that time. He was assured that through demolishing the bridge, the safety of the camp can only be sure in the war while the equipment of explosion was also been stolen by his subordinate. The feelings of self-transcendence aroused of Jordan and Mari when Jordan was ordered to demolish the bridge with abrupt attempt at any cost even he was wounded as well. Jordan was believed that this act will cause for the safety of the people of camp where Maria was also living. The feelings of self-transcendence were also being aroused by Maria when she was able to live normal life in the presence of the new relative. She was not willing to accept it that Jordan would leave him to demolish the bridge even when he was wounded, but for the sake of his beloved, Jordan 's concern for the task was also been aroused and he left the scene. This all depends on the situation as Frankl describe that the meanings which are got through the personal experience are the true meanings of the life where the person who have got the meanings of the life, also had wish that his experience would be example for other people. So, in the study of *For Whom the Bell Tolls* under the Logotherapy, it can be observed that Frankl 's Logotherapy help to find meanings in the life and assure the people the meanings of the life but when the people have got the meanings of the life, their life comes in joy or in the state of selflessness. Similarly, it can be seen in the novel that meanings come in man's life but the turbulence and the turmoil in the society leads towards the self-transcendence.

**Recommendations:**

- Frankl 's Logotherapy can be helpful for the rehabilitations of the victim people as described in the novel but it cannot not be useful to apply when there is continuity of the war.
- People search meaning in all the circumstances but sometimes realities of the life move a person from self-determination towards self-transcendence.
- The turbulence can be described of the writers in their writings by portraying of the "Code Hero" as Hemingway 's heroes has the specific norms.

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